**Recommended Schedules for Spring Admit Students**

(Spring 2023 will be last spring admission)

Note: Internship cannot be started until **30 credits** have been earned. Internship/elective schedules may vary based on site and should be coordinated with clinical coordinator and advisor.

If you have course scheduling questions, please contact Dr. Holmes at cmholmes@vcu.edu

### 2.5 year plan

<table>
<thead>
<tr>
<th>Year</th>
<th>Spring Schedule</th>
<th>Summer Schedule</th>
<th>Fall Schedule</th>
</tr>
</thead>
</table>
| 1    | 525-Intro Rehabilitation Counsel  
624-Assessment  
654-Multicultural Counseling  
(9 Total Credits) | 521-Addiction Couns  
615-Human Growth/Dev  
(6 Total Credits) | 526-Intro Mental Health Counseling  
611-Counseling Theories  
623-Career Couns/Job Placement  
640-Med/Psych Aspects  
(12 total credits) |
| 2    | 616-Couples/Family Counseling  
691-Counseling Techniques  
Elective (Optional - 3 credits)  
(6/9 Total Credits) | 633-Case Management  
(3 Total Credits) | 625-Research/Program Eval  
642-Mental Health Disorders  
692- Adv Prof Couns (with prac)  
Elective (Optional - 3 credits)  
(9/12 total credits) |
| 3    | 612-Group Counseling  
693/5-Internship (6-9)  
(6/9 Total Credits) | 693/5-Internship (3)  
(0/3 Total Credits) | |

### 3 year plan

<table>
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<tr>
<th>Year</th>
<th>Spring Schedule</th>
<th>Summer Schedule</th>
<th>Fall Schedule</th>
</tr>
</thead>
</table>
| 1    | 525-Intro Rehabilitation Couns  
624-Assessment  
654-Multicultural Counseling  
(9 Total Credits) | 521-Addiction Couns  
(3 Total Credits) | 526-Intro Mental Health Counsel  
611-Counseling Theories  
640-Med/Psych Aspects Disability  
(9 Total Credits) |
| 2    | 616-Couples/Family Counseling  
691-Counseling Techniques  
Elective (Optional - 3 credits)  
(6/9 Total Credits) | 633-Case Management  
(3 Total Credits) | 625-Research/Program Eval  
642-Mental Health Disorders  
692- Adv Prof Couns (with prac)  
Elective (Optional - 3 credits)  
(9/12 total credits) |
| 3    | 612-Group Counseling  
693/5-Internship (6-9)  
(6/9 Total Credits) | 693/5-Internship (3)  
(0/3 Total Credits) | |
### 3 year plan, continued

<table>
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<tr>
<th>Year</th>
<th>Spring Schedule</th>
<th>Summer Schedule</th>
<th>Fall Schedule</th>
</tr>
</thead>
</table>
| 2    | 691-Counseling Techniques  
      616-Couples/Family Counseling  
      (6 Total Credits) | 633-Case Management  
      (3 Total Credits) | 642-Mental Health Disorders  
      623-Career Couns/Job Placement  
      692- Adv Prof Couns (with prac)  
      (9 Total Credits) |
| 3    | 693/5-Internship (6)  
      612-Group Counseling  
      (6 Total Credits) | 615-Human Growth & Development  
      693/5-Internship (3)  
      (6 Total Credits) | 625-Research/Program Eval  
      Elective  
      (9 Total Credits) |

### 4 year plan

<table>
<thead>
<tr>
<th>Year</th>
<th>Spring Schedule</th>
<th>Summer Schedule</th>
<th>Fall Schedule</th>
</tr>
</thead>
</table>
| 1    | 525-Intro Rehabilitation Couns  
      624-Assessment  
      (6 Total Credits) | 521-Addiction Counseling  
      (3 Total Credits) | 526-Intro Mental Health Counsel  
      611-Counseling Theories  
      (6 Total Credits) |
| 2    | 654-Multicultural Counseling  
      616-Couples/Family Couns  
      (6 Total Credits) | 615-Human Growth & Development  
      (3 Total Credits) | 623-Career Couns/Job Placement  
      640-Med/Psych Aspects Disability  
      (6 Total Credits) |
| 3    | 612-Group Counseling  
      691-Counseling Techniques  
      (6 Total Credits) | 633-Case Management  
      (3 Total Credits) | 642-Mental Health Disorders  
      692- Adv Prof Couns (with prac)  
      (6 Total Credits) |
| 4    | 693/5 - Internship (6)  
      (6 Total Credits) | 693/5 - Internship (3)  
      (3 Total Credits) | 625-Research & Program Eval  
      Elective  
      (6 Total Credits) |